

Wendover Parish Council The Clock Tower 01296 623056 admin@wendover-pc.gov.uk

# **Local Support Information**

Wendover Parish Council has compiled a list of local emergency support services to assist residents.

Covering key areas:

- Emergency Services
   and Main Utilities
- Benefits
- Housing
- Care and Support
- Loneliness, Bereavement, Mental Health and Well Being
- Day to Day Assistance and Volunteer Support

A more comprehensive list of organisations and services can be found on the Bucks Online Directory**directory.buckinghamshire.gov.uk**/

Emergency Services and Ma	in Utilities	
<ul><li>Emergency Gas</li><li>Call this number if you smell gas.</li></ul>	0800 111 999	
<ul> <li>Emergency Electricity</li> <li>Call this number if you have an electric fault that requires urgent attention.</li> </ul>	0800 31 63 105 cal	
<ul> <li>Thames Water</li> <li>Call this number if you have a water or that requires urgent attention</li> </ul>	<b>0800 316 9800</b> r sewage leak	
Emergency services999• For Police, Ambulance and Fire emergency services		
<ul><li>Thames Valley Police</li><li>For non-emergencies</li></ul>	101	
<ul><li>NHS</li><li>For non-medical emergencies</li></ul>	111	
<ul><li>Westongrove Health centre</li><li>Wendover health centre and GP</li></ul>	01296 623 452	
<ul> <li>Childline</li> <li>Childline is a counselling service for chand young people up to their 19th birth provided by the NSPCC</li> </ul>		

# **Alzheimer Society**

#### 0300 222 1122

 Memory Support to cope with the day to day and prepare for the future. Befriending.

# The Samaritans

 The Samaritans provide emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide.

# **Benefits**

# **Citizens Advice Aylesbury**

 Call the Citizens Advice if you need help with: Help with: Debt, Housing, Benefits, Employment, Family and Personal, Immigration and Nationality, Consumer, Taxes and Health

# **Buckinghamshire Council**

• Debt advice, mortgage, rent arrears, council tax arrears

# **Carers Bucks**

 Support the well-being of unpaid Family carers. Regular support groups

0300 777 2722 01296 383 204

01296 585 143

01296 585 124

116123

0344 411 14444

#### **Aylesbury's Women Aid** 01296 437 777 Aylesbury Women's Aid provides support for women, children and young people who are, or have been, affected by domestic abuse. Lionel Abel-Smith Trust 01296 622 763 Able to provide financial clerk@wendovertrust.org help in cases of need, with minimal formalities. Grants available guickly to meet urgent need. **SSAFA** 01296 744 530 01494 538 256 Advice on debts, benefits and health for veterans, service personnel and their families. 0333 011 4490 **Royal British Legion** Offers support to Service veterans 0808 802 8080 including befriending. Housing **Emergency housing** Office Hours 01296 585 168 **Emergency out of hours** 0800 999 7677 Contact Bucks Emergency Housing if you think that you may be at risk of losing your accommodation or currently have nowhere to live.

# Buckinghamshire Council: Switchboard Social care emergencies Housing related emergency

• Contact to help navigate the website for assistance required.

# 0300 131 6000 0800 999 7677 0800 999 7677

01296 395 000

01296 383 204 0800 137 915

0845 460 0001

01296 382 414

0800 999 7677

# **Care and Support**

# Buckinghamshire

Customer Service Centre Monday – Thursday 09:00 – 17:30 Friday 09:00 – 17:00

- Safeguarding Adults Team
- Safeguarding Children Team
- Local Emergency Support
- Emergency Out of Hours
- All aspects of support and care for adults, their family, and carers.

#### **Bucks Family Info**

Service designed to provide targeted support for vulnerable families.

01296 383 293

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# Loneliness, Bereavement, Mental Health and Well Being

Good Grief Trust (10:00 – 16:00) National helpline (07:00 – 22:00) • Sudden bereavement health line.	0800 2600 400 0800 2600 400
<ul><li>Cruse counselling</li><li>Local Aylesbury bereavement group</li></ul>	01296 425 757
<ul> <li>Whiteleaf centre</li> <li>Mental health services across Aylesbury and Oxford Whiteleaf centre</li> </ul>	01865 902 000
<ul> <li>Bucks Mind</li> <li>Adult Counselling, one to one</li> <li>Older Adult Service– Isolation through dementia and memory loss</li> <li>Befriending, free support</li> <li>Well-being groups</li> <li>Mind the Gap-Community based peer social support groups</li> <li>Employment support</li> <li>Help getting back into work.</li> </ul>	01494 463 364

#### **Healthy Minds Bucks**

# 01865 901 600

(Monday – Thursday 07:00 – 19:30 and Friday 07:00 – 17:00) Services available for persons with/seeking:

- Mental Health support
- Living with health conditions
- Weight Management
- Employment support.

Services can be accessed by self-referral or referral by a GP or Healthcare professional.

# Wendover Dementia Support

A charity providing support for local people dementia and their families. rt 01296 625838 wendoverds@gmail.com www.wendoverds.org.uk



# **Day to Day Assistance** and Volunteer Support

### Extensive range of services easy to tap into: Homecare Footcare Handyman Services Exercise Classes IT Training Transport Dementia Support • Shopping • Social Activities **Community Impact Bucks:** Handy helpers 01844 348 832 0300 111 1250 01844 348 832 Gardening and befriending 01296 841 026

**Community transport hub** 

Age UK Aylesbury

Monday-Friday 09:00 – 12:30

#### Friends of Wendover Health Centre 01296 622 562 (volunteers)

 The FOWHC can collect and deliver prescriptions for all needy patients, regardless of age. Visit households, offer support and friendship, provide transport to the Health Centre, man the Friends desk at Wendover Health Centre

01296 431 911